



# Speak Up, Epping! Newsletter

Volume 13, Issue 2

Epping, New Hampshire

March-April 2020

## About this Newsletter

*This Newsletter is produced by the Speak Up, Epping! Communications Group. The purpose of the newsletter is to provide information about upcoming events and pertinent information from community organizations. Please note that no editorial, political or religious views will be accepted and the Communications Group reserves the right to edit submissions. If you would like to submit material for and/or receive this newsletter electronically, please visit our website at [www.speakupepping.com](http://www.speakupepping.com)*

## Check Out Our Newsletter Website

Be sure and check out our Speak Up, Epping! website: [www.speakupepping.com](http://www.speakupepping.com). Each new issue of the Newsletter will be available by downloading it from the website. You can also access news from the issue separately by topic and find late-breaking news, past Newsletters, town links and calendars.

Also, check out our **Facebook** page! Join us for more late-breaking news and events that did not make our Newsletter deadline.

## Remember to Vote on March 10<sup>th</sup>

Remember to vote on **Tuesday, March 10<sup>th</sup>**. Polls are open 8:00 am to 7:00 pm in the Middle School Gym. Any resident of Epping who is 18 years of age and older can vote in an election as long as that resident is registered to vote. An Epping resident who has not yet registered can register at the polls on Election Day. All voters should bring an I.D. when they go to vote. Voters without an I.D. can still vote but it takes longer as they will have to fill out extra paperwork.

The following candidates have registered for Town and School offices:

### TOWN CANDIDATES:

SELECTMEN 3 years – 1 position

*Vote for not more than 1*

Michael Yergeau

BUDGET COMMITTEE 3 years – 3 positions

*Vote for not more than 3*

Michael Charkowski

Steve Ozols

BUDGET COMMITTEE 2 years – 1 position

*Vote for not more than 1*

John M. Cody

BUDGET COMMITTEE 1 year – 1 position

*Vote for not more than 1*

Grgory Tillman

CEMETERY TRUSTEE 3 years – 2 positions

*Vote for not more than 2*

Margie Desjardins

Jerry Langdon

CHECKLIST SUP. 6 years – 1 position

*Vote for not more than 1*

Elizabeth B. Conrad

LIBRARY TRUSTEE 3 years – 1 position

*Vote for not more than 1*

Robin O'Day

LIBRARY TRUSTEE 2 years – 1 position

*Vote for not more than 1*

MODERATOR 2 years – 1 position

*Vote for not more than 1*

Katherine Cooper

PLANNING BOARD 3 years – 1 position

*Vote for not more than 1*

Susan McGeough

BOARD OF ADJ. 3 years – 1 position

*Vote for not more than 1*

Robert H. Blanchette

Chester Clark

TREASURER 3 YEARS – 1 position

*Vote for not more than 1*

Michael J. Delay Sr.

TRUST FUND TRUSTEE 3 years 1 position

*Vote for not more than 1*

Michael Charkowski

WATER & SEWER 3 years – 1 position

*Vote for not more than 1*

Tom Dwyer, Jr.

**SCHOOL CANDIDATES:**

SCHOOL BOARD MEMBER 3 years – 2 positions

*Vote for not more than 2*

David Mylott

Robin O'Day

Jordenne Sargent

SCHOOL DISTRICT CLERK 3 years – 1 position

*Vote for not more than 1*

Joyce A. Blanchard

MODERATOR 3 years – 1 position

*Vote for not more than 1*

Katherine Cooper

## **Epping Community Theater**

### **Completing Our Lineup For the 2020 Season!**

The Epping Community Theater is excited to announce our lineup of theatrical productions to fill out our 2020 Season. Come August we will be running another pitch night for directors interested in directing a show for our 2021 season, so please let us know if you would like to be considered.

#### **Foggy Dew Band - March 14<sup>th</sup>, Sat. at 2:00 pm**

Coming up, we are looking forward to our 2<sup>nd</sup> Annual St Patrick's Day performance of the Foggy Dew, a traditional Irish folk band that will have you and your family dancing in the aisles. This is a one day only family friendly performance. Tickets are \$10 cash only at the door (\*please note - concessions and raffles are also cash only for this performance).

#### **Anne of Green Gables - April 17<sup>th</sup>-26<sup>th</sup>, Fri-Sat 7:30, Sun 2 pm**

That's right, it's Anne...with an E! AoGG is a classic, funny, and touching story about a spunky orphan girl who gets mistakenly placed with a quiet older pair who were looking to adopt a boy to help with the farm. The adopters, a brother and sister who each never married but still live in their family homestead, have no idea how their lives, and the entire town, will be changed by this quirky, unique, and "romantic" young lady. This production is beautifully directed by Leslie Gallagher and will feature many new and old faces within our community. Please check out our website for cast information! <http://eppingtheater.org/Anne.html>.

Tickets are on sale now - follow the same link.

#### **Anything Goes - July 17<sup>th</sup>-26<sup>th</sup>, Fri-Sat 7:30, Sun 2 pm**

This summer, put on your tapping shoes and prepare to be wowed by this Broadway favorite! Long time Director/Actor Michael Coppola is excited to bring to Epping one of the most exciting tap/musicals to ever hit the stage. This adult musical will be sure to please the whole family. Want to be a part of it? Auditions will be May 2<sup>nd</sup> and 3<sup>rd</sup>, information at the following link - <http://eppingtheater.org/AnythingGoes.html>

#### **Neverending Story (children's production) - August 7<sup>th</sup>-9<sup>th</sup>**

For the first time ECT will be running a "pay for play" production for kids starting this May, led by Carole Bilodeau (also with an E) and Greg Dixon. With a "pay for play" production students sign-up and pay much like a theater class (\$180 plus \$20 for script/headshot) and are guaranteed a part in the production. The first rehearsal will be an audition and by the second rehearsal all students will know their parts. Rehearsal times will be scheduled twice a week but will be flexible to allow students to take advantage of family vacations, school performances, etc. The signups, character list, starting dates, and rehearsal times will all be posted on our website and on our Facebook group page as soon as we nail down the details. <http://www.eppingtheater.org/>, <https://www.facebook.com/EppingTheater/>

#### **Shrek The Musical - Oct 16<sup>th</sup>-Oct 25<sup>th</sup>, Fri-Sat 7:30, Sun 2 pm**

"DONKEY! Epping is my swamp!" Not your ordinary fantasy fairytale, by any means, but sure to make the whole family laugh and sing in utter enjoyment. This all-age irreverent fairytale musical has a timeless message about first impressions and true friendship. The characters vary from a princess and prince to an ogre, a donkey, and a dragon. Information about auditions (sometime in late June or early July), character list, and rehearsal times will be posted in the coming months.

#### **It's a Wonderful Life - Dec 4<sup>th</sup>-Dec 13<sup>th</sup>, Fri-Sat 7:30, Sun 2 pm**

Our holidays wouldn't be complete without a classic holiday tale! Next winter we are so pleased to have veteran actress Josselyn Jackman direct her first show with us. This production is sure to bring your family joy and warmth at the holidays! Auditions will be in August and will also be posted in the coming months.

Keep posted to our Facebook page and our website as we look forward to also bringing you

Russian Ballet, Canadian Boys Choir, and Comedy performances throughout the year!

*Brian Miskinis, President, Board of Directors*

## Senior Moments

March Auctions are now another favorite annual event. Great prodigious deals!!! It's therapeutic to get rid of Stuff, right? Our kids keep telling us to "downsize." So, the shelves are neat and closets have "room." But in come the treasures and we are experts at stretching that elusive dollar. Last year, a buck bought eight (yes 8) hardcover bestseller books. That buck stretches right across the room. A buck that I stretched, got me two antique picture frames which are now my sister's "family heirlooms." One time someone sold an item her sister had given to her from the Paper Store and it was now discounted to twenty-five cents. Now that is great sibling love. This has become more fun than the Pound Parties and it fills the till. No we do not save leftovers like those in our fridge. It all goes to charity.

Our State Representative, Mark Vallone, has invited us as his guests during a session of the House of Representatives. We'll be introduced to the members, but will not be allowed to participate. That might be difficult for some of us. Hopefully we'll observe the members debating a bill that may be geared to elderly citizens. There is one coming up that interests us very much – that's "Plastic Bags."

We can't visit the Pease Greeters, but we still enjoy sending items to the soldiers – things that put smiles on their faces and hats on their heads. Yes, hats - 840 of them and still counting. We are so proud of our storyteller member, Lorraine Bateman. While we pack beef jerky and gum, she packs hats and hats and hats. Sounds redundant, right? Well, erase that thought because she creates at least one hat every other day. She loves to keep busy and she loves our soldiers. So, we'll keep shopping while she keeps crocheting. Go, Lorraine!!

When the 2020 census begins in mid-March, it's predicted in a few years older people will outnumber children. My 2 cents – better revamp the playgrounds.

Thoughts as I exited the voting booth recently: A few years ago we counted the ballots by hand and were 100% correct. Just think – the NH primary was 100 years old this year and that same date women stepped into a voting booth for the first time. Our Club elections were held recently and

like our US Government, officials can remain in office FOREVER! (Gotta change that law!). Our 2020 officers are: Sandy Dennis, President; Barbara Sherwood, Vice President; Irene Cote, Secretary; Kathy Jones, Treasurer. Fortunately a few members enlisted as "official assistants." They are Joy True, Lorraine Kaweisz, Janette Hauschel and Phyllis Guidobonne. We really appreciate these members. Together we'll be so busy, we might forget to stop for lunch. Just kidding.

The winter weather limits our ventures but it never limits our appetites. So, we'll cozy around the table at Telly's again or a favorite Chinese restaurant in Manchester. A new favorite is the Saddle Up Saloon in Kingston. That's down South – right?!

These are some of our "to go" trips. One is the Sock factory in Laconia where wool socks were made in the good ole days. Another is the glass blower artisans. That will be a favorite. It has been eight years since we visited the Jam factory in Amesbury, MA. Our free sample jars are now empty; time to refill. A few places left on last year's list include: The Albacore in Portsmouth, The Smoky Quarts Distillery in Portsmouth, Plum Island and the Veteran's Cemetery in Boscawen – the cemetery is so tranquil and inspirational, the appeal never ends. A special trip the guys will enjoy is the Globe Factory where they manufacture personal protective equipment including firefighter suits and footwear. Their products are now protecting our own firefighters.

We hope to meet with the sixth grade students in school. They are the right age to be interested in our childhoods during World War II. We've got some great firsthand stories.

We're saved - health experts finally listened to us. A cup of coffee can do more than just perk us up. It can lower the risk of dementia!!! So, we're buying a bigger pot. The last tip is that 8 glasses of water a day is not necessary for us oldies. Actually wine and beer can hydrate you better. Party time!!

Think, pray, hope, desire, yearn, wish, relish.....SPRING!!!

*Irene R. Cote, Secretary*

## Thanks to Lorraine

Lorraine Bateman of Epping belongs to the Epping Seniors. She has been crocheting hats for service men and women for over three years. To this date, she has made 840 hats and is still going.

A big thanks to Lorraine!

*Submitted by Shari Bundzinski*

## End 68 Hours of Hunger - Epping



Thank you to our generous community for stocking our shelves! Thank you to all of you who sent us things in the mail. Without you all we would not be able to feed the hungry bellies of Epping! As always, thank you to our volunteers who help us each week and prepare the bags of food to be delivered.

*Submitted by Eleni Mascha*

## News From the Town

There is now a NEW Website for reviewing Epping meetings online: [etv22.viebit.com](http://etv22.viebit.com).

### **Town dates**

**March 10<sup>th</sup> – Town Elections**

**April 4<sup>th</sup> – PTO Pancake breakfast & Easter**

**Bunny Pictures – 8:30-10:00 am**

**April 4<sup>th</sup> – FREE Easter Egg Hunt on EES Field  
10:00-11:30 am**

### **Thank You!**

The Town Hall staff would like to thank everyone who donated to the “Mitten Tree” over the Christmas Season. Everything has been brought up to the Liberty House in Manchester to help the homeless veterans. This year we decorated the tree and donated 37 hats, 18 scarves, 17 gloves, 26 pairs of socks and 8 \$10 dollar gift cards to McDonalds. Thank you everyone and now is the time to buy on sale for next year, hint hint!!

*Submitted by Joyce Blanchard*

### **Census Information**

The 2020 Census will be taken this year. The census is done every 10 years, and is safe, easy and important!! The information given determines the number of seats each state has in the US House of Representatives. The census defines congressional and state legislative and school districts, along with voting precincts. The population numbers decide the allocation of federal funds to programs like Medicaid, school lunch programs, foster care and others.

The 2020 Census uses cybersecurity to keep all information secure. Information is never shared, as doing so is a serious federal crime. There are four ways to respond in 2020: online, phone, paper or a personal visit. Residents will never be asked for Social Security numbers, money or donations, political party or bank information. Everyone will be contacted shortly and your Board of Selectmen is encouraging everyone's participation. They have agreed to spread the word and help with the 2020 Census.

More information will be posted on the Town website.

*Submitted by Joyce Blanchard*

## **Cell Phones for Our Troops Donate your old cell phone.**

More than 150,000 troops are serving overseas and are away from their families. Please make a donation of your old cell phone so they can call home, providing these soldiers with a much needed connection to their loved ones. There is a drop-off box at the Epping Town Hall for your convenience.

## **The Pease Greeters Need Our Help!**

The Pease Greeters, hundreds of volunteers, meet our Armed Forces any time of day or night, as they pass through Pease International Airport on their way to a war zone or on their way home. For more than eleven years, Greeters have welcomed service members on every flight with a warm meal and beverage, small gifts, a cell phone to call home and a hearty round of applause. And for that we give the Greeters our warmest and most sincere thanks.

They also send Christmas stockings to our Troops overseas. The Pease Greeters care package team recently completed the momentous task of stuffing 2,480 Christmas stockings with goodie bags and holiday cards to send to active military overseas.

Throughout the year, the greeters seek donations of toiletries, individually packed food items and “fun stuff” like small toys. There are donation sites throughout Portsmouth, Dover, Hampton, Greenland and Concord. Please contact [peasegreetercarepackages@gmail.com](mailto:peasegreetercarepackages@gmail.com) for further information about the care package program.

The Pease Greeters began welcoming flights in 2005 and a few months ago reached the milestone of having welcomed 1000 flights. Recently, the number of flights through Pease has increased and



the Pease Greeters are in need of **monetary help**. We need to support our service men and women any way we can. If you can give any amount, please make a check payable to Pease Greeters and send or drop it off to Joyce at the Town Hall.

To learn more about the Pease Greeters, sign up for flight alerts or to make a contribution, visit [www.peasegreeters.org](http://www.peasegreeters.org).

## In and Around Epping

Southeast Land Trust was before the Planning Board in January to discuss their proposed new building on North River Road. The new building will be home to their offices and have meeting room space for functions. They own the property locally known as the Burley Farm. The old farmhouse on the lot will be renovated and hopefully occupied by individuals that will farm the land.

Brickyard Square will be shuffling some stores around in the upcoming few weeks. Famous Footwear will be relocating to the Rue 21 location and Old Navy will occupy the old Dressbarn and Famous Footwear stores. Also Cinco Cantina has opened where Tortilla Flats was previously located.

*Submitted by Brittany Howard*



## Epping Lions Club "We Serve"

**We Want YOU to Join the Epping Lions Club**  
<https://www.facebook.com/EppingsLionsClub>

The Lions are busy planning this year's Lamprey River Canoe and Kayak Race. We will be seeking local businesses for sponsorships and/or prize donations. Folks can contact us for information.

Otherwise, we continue to solicit and accept applications for assistance from the Epping community for hearing and/or vision issues (exams, frames, lenses, etc.). We have continued to help those in need, now continuing our 11<sup>th</sup> year of service in Epping.

Vision screenings in the schools are also being scheduled. We share the screening equipment with other Lions clubs and scheduling is tight. I will advise the dates once they are confirmed.

*Submitted by Colleen Palmer*

**Deb Brooks, President**

[lexusreina@comcast.net](mailto:lexusreina@comcast.net)

**Cheryl Denoncour, Treasurer**

[cdenoncour@gmail.com](mailto:cdenoncour@gmail.com)

**Colleen Palmer, Secretary**

[colleenmariepalmer@hotmail.com](mailto:colleenmariepalmer@hotmail.com)

## Lamprey River Canoe and Kayak Race

The Epping Lions Club will be hosting the 43<sup>rd</sup> annual Lamprey River Canoe and Kayak Race on **Saturday, April 25<sup>th</sup>**. The race takes place on the wild and scenic Lamprey River. The race is approximately 7.3 miles long, beginning at Mary Blair Park on Rt. 27 in Epping and ending downriver at the trail-landing near the Rt. 87 bridge.

Registration begins at 8 am and the race begins promptly at 9 am. Categories for the race are: Male Solo, Female Solo and 2-person. Prizes will be awarded to the first, second and third place finishers in each category.

Race T-shirts will be available for sale. Race is run rain or shine, so come prepared! All entrants must wear a life preserver (no exceptions!).

This race has been a staple in the community for over 40 years. The Lions took over the race from the Conservation Commission in 2009. Many entrants are familiar faces year after year and friendly rivalries continue after each running.

Registration is \$15 per person and runs from 8 am to 9 am on race day only. If you would like an advance copy of the registration form, one can be emailed to you. Please email Colleen Palmer at [colleenmariepalmer@hotmail.com](mailto:colleenmariepalmer@hotmail.com).

Monies raised from this annual fundraiser are used to help members in our community who are in need of vision and hearing assistance.



## Epping Historical Society

As I sit here at my computer, I thank our lucky stars for giving us a mild winter. As winters go, this one has been good to us. I have seen a flock of

robins in my back yard, not just one or two, but a whole flock! Do they know something we don't?

We have been busy at the Historical Society, having had several visitors recently. We had a visitor from Canterbury, doing research on his family. His mother was the only survivor of a horrific accident in Epping, many years ago. We shared information about the event and we both learned more about the accident. He had the family story, and we showed him where the accident took place. Another visitor was doing research on the many trains that ran through Epping. We tend to forget how busy the railroad crossroads was for travel and business. A member of the Civil War Roundtable also stopped by. He was amazed how much information we have in our archives, including men from Epping that served in the Civil War.

Currently, we are working on our many families in Epping. We create a genealogy for families, and put all the information into a three ring binder. This binder includes their genealogy, and also any vital records, stories, pictures, and even in some cases, writs. At this time we have well over one hundred families represented, and we constantly create new books. Many of our oldest families have so much information that we have stored their family documents and pictures in family archival boxes.

We recently had a call from the Cheshire County Historical Society in Keene, NH. In their collections they had a large hand woven duvet and they wanted to return it to Epping. They received this duvet in 1991, from a man in New York, with the attached information: this duvet came from the Folsom Family in Epping, NH, dated 1825. We agreed to meet in Peterborough, where we were given this lovely duvet. It will probably always be a mystery how the article ended up in Keene!

We are having a program on **Thursday, March 19<sup>th</sup>**; at 7:00 pm. Mark your calendars! Kathy Bailey has written a wonderful book about the Oregon Trail. Kathy has been a newspaper journalist for some time, working for the Exeter Newsletter and the Union Leader. Although it is fiction, it is historically correct. A lot of research has gone into this book, and it shows in the narrative. When the wagon trains traveled across America, the women were not enthusiastic about the trip, but women at that time did not have a choice, so they followed their men and made the best of it.

Our volunteers are keeping busy. Jennie and Lee Allen are working on Don Sanborn's newspaper cuttings. Jennie trims and Lee makes a

copy on the flatbed printer. A very worthwhile project, we have been reliving Epping history through these news stories. Don Sanborn's motto was: "today's news is tomorrow's history." Irene Cote is busy going through our records, and removing any record that we can put in our family books, rounding out a family's history. Joanne Thibedore is tackling some of our larger collections, sorting and categorizing the records contained in the collections. We have tons of information on railroads, brickyards, roads, and we also have lots of maps.

A lady was in recently, and she is writing the history of the Catholic Church in New Hampshire. We were able to contribute some new information for her to use in her book. She did not know that Archbishop Charles Leddy was from Epping, and rests in the Leddy Tomb here in Epping. When the book is done, we will receive a copy. This lady inspired me to do some research on the Catholic Church here, so here goes!

### **The Epping Catholic Church**

The Parish of St. Joseph of Epping is one of the largest in the State, from the viewpoint of territory. This territory includes the towns of Raymond, Auburn, Candia, Deerfield, Fremont, Brentwood and Epping. The early population was attended by Father John McDonald of Haverhill, as early as 1850. The first Mass was held in a private home. In the early days of the Church in Epping, Masses were held in various private homes. It was a risky time for Catholics. Like many towns at the time, they did not accept having a Catholic presence in their town. They referred to the Catholics as "papists", and shunned them.

In 1883, Father Canning built a small Church, which was dedicated in 1886. The local paper at the time, the Epping Leader, mentioned how beautiful the Church looked. This Church was later the home of the Roy family. This house is located on the corner of Main Street and Railroad Ave.

The original alter of this first church was preserved for many years in the former St. Joseph church, but seems to have disappeared over the years.

The now former St. Joseph Church was built in 1892, due to the hard work and dedication of Father O'Connor. This Church was attached to the Derry Parish, where Father O'Connor served. It was large enough to have seats for 300 parishioners. In January of 1898, St. Joseph

became an independent parish by orders of Rev. Daniel Bradley. The first resident pastor was Father Bellefleur. At this time the Catholic Church built a small parochial school, next to the Church. This school had to meet Epping school standards according to records, but they also could instruct their students in the Catholic faith. This school closed after a few years, probably due to poor attendance. This was a close-knit neighborhood, and many children of school age were required to work to help their families. This building later became the Church Parish Hall.

By the 1980's, the parishioners realized they needed a larger church to serve all their missions. A plan was put in place, fundraising was started and in 1990, they dedicated their new church. This church still serves many towns, and their new location, off Rt. 27, is a perfect location.

Unfortunately, they were not able to take the many stained glass windows for the new church. These windows are very fragile, but many older Catholic families in town felt very bad, knowing how their families sacrificed to buy the stained glass pieces of art. We, at the Historical Society, are very thankful to have pictures of the windows. A few years ago when the building was being used as an auction hall, Pearl Lavigne went to the building and took pictures of the windows. What a treasure!

During World War II, several from the church served their country. In a Parish newsletter, during the War, at least 15 Catholic men and women from Epping were serving their country. Two of them gave their lives for the freedom we enjoy. Norman St. Laurent and John Jean paid the ultimate price of war.

Note: a couple of weeks ago I visited two wonderful ladies! Anita Roy Hebert and Collette Roy grew up in the house that was the original Catholic Church. What a wealth of information they have about the church, and the town of Epping. They told me that there is a room in the house that has an archway, which they thought was the sanctuary.

Yes, the original alter still exists!

We are open Monday's from 8:00 to 12:00. Call for an appointment to fit your schedule, I am available most any time.

*Submitted by Joy True, curator, Epping Historical Society*  
[joysgarden@hotmail.com](mailto:joysgarden@hotmail.com)

## The Civil War Roundtable of NH



*Elizabeth Hallett, vice-president of this group, was again part of the events for Remembrance Day in Gettysburg.*

The Civil War Roundtable of New Hampshire welcomes anyone with an interest in the American Civil War who would like to be with others who share the same desire to learn more of this time in American history. We are an informal club with the only requirement being a Civil War enthusiast. If you or a friend has an interest in the American Civil War, we invite you to come check us out.

Founded in May 1991, the Civil War Roundtable of New Hampshire is a group of men and women, young and old, who share our interests, both blue and gray, in the pivotal era of American history known as the Civil War. We are open to the public and welcome all! As our slogan goes, "There's no time like the present to join us in the past."

For more information on the group and a complete schedule of meetings and news, please visit the web site: [www.cwrt-nh.org](http://www.cwrt-nh.org) or email [cwrtnh@gmail.com](mailto:cwrtnh@gmail.com).

### **This is the upcoming CWRT-NH schedule:**

We are currently booking 2020 meetings. If you know someone, or you yourself would like to offer a talk to our group, please email: [cwrtnh@gmail.com](mailto:cwrtnh@gmail.com).

**Note:** The schedule is subject to change without notice. You can access the CWRT-NH website for the current schedule. If a meeting is cancelled, a notice will be put on ETV.

**March 13**, – (note: this is 2nd Friday) – Konrad Hodgman – "Confederate Ideology and Socialism in the Civil War."

**April 17, 2020** – Elizabeth Hallett – "Sacred to the Memory: Mourning Customs of the Civil War Era."

## Nature Talks

### Pollinator Pathways NH

Your Conservation Commission is excited to have joined Pollinator Pathways NH, a movement



begun about a year ago as a way to establish a conduit for insects to move unobstructed in a community. Founding members and [NH Coverts Project](#) volunteers, Marghi Bean and Evelyn Nathan (Chair) of the Kingston Conservation Commission wanted to increase awareness of pollinators and educate their neighbors on how important they are to us all. Vicki Brown, a NH Coverts volunteer and [Natural Resources Steward](#), became an enthusiastic core member, bringing excellent education and communication skills and reached out to the Epping Conservation Commission. Eight Conservation Commissions in Rockingham County currently support the effort, but this work now extends as far as Peterborough. It's catching on fast!

Education is an important component and those who attend Pathway events learn that pretty nectar plants and wildflowers are an essential component to attracting pollinators, but pollinator habitat also consists of water, trees, cover, and larval nesting and overwintering habitat. Pollinator Pathways provides resources, handouts, and brochures to help homeowners learn how to create habitat in their yards and gardens.

So often we feel that one person can't make a difference, but [Pollinator Pathways](#) is challenging that notion: Creating a Pollinator Pathway is a way to restore habitat, one yard at a time. Marghi writes the monthly newsletter, and encourages neighbors to get involved. She advises, "Don't ever feel like, it's only me...what can I do?" All Pathway members are pollinator promoters, making better habitat on their property to create a natural corridor for species like birds, bees, and butterflies, as well as other important pollinator species.

Marghi's monthly newsletters keep members engaged and offer tips like using native plants, leaving sections of your lawn unmowed, and keeping groundcover and leaves through the winter. They have gathered wildflower seeds for a seed exchange, including three species of milkweed as well as Joe-pye weed, yarrow, thistle, aster, and many more native plants. They have had excellent feedback from participants on the increasing number of pollinators observed as a result of the seeds they gave out. At a recent Pollinator Pathways event, one volunteer mentioned she had learned more about the importance of insects in that hour than in all her years in a garden club!

The Pollinator Pathways group continues to increase awareness of pollinators and their importance to a healthy ecosystem. Birds, bees, butterflies, beetles, and other insects pollinate 75% of plants in the United States and are responsible for 1 out to every 3 bites of food. "This initiative connects neighbors and helps people understand they can make a difference to ensure these creatures survive and thrive," says Vicki Brown. "It is so rewarding to hear from volunteers who have made small changes and see insects in their yard where they had never seen them before." At the Kingston Days event, one volunteer happily reported, "It brings me so much joy to watch these creatures feed and fly around my yard!"

The project is centered on local conservation and outreach, primarily focusing on homeowners, and emphasizes the importance of working together. Barbara Willis has accepted the position of Pollinator Pathways Liaison for Epping and will be organizing presentations and other events around town. She has talked about getting volunteers together to plant wildflower beds on some of the conservation properties.

You will be seeing more about Pollinator Pathways as we all work together here in Epping to increase awareness and help folks as they make changes in their own yards. Join Pollinator Pathways and learn more about them at [facebook.com/pollinatorpathwaysNH](https://facebook.com/pollinatorpathwaysNH)



*Barbara Willis  
Liaison, Pollinator Pathways  
Submitted by Sandy Goodman*

## **Lamprey Rivers Advisory Committee**

### **Long Term Lamprey River Water Quality Trends, Part 3: Phosphorus and Heavy Metals**



Over the past four years, the water quality group of the LRAC has engaged UNH undergraduate students to undertake long-term analyses of water quality in the Lamprey River. Under the guidance of Anne Lightbody, professor of hydrology and LRAC representative, data collected starting in 1990 have been analyzed and consolidated to a form that is useful to the public and local decision makers.

All reports show that the vast majority of the water in the Lamprey River is safe for fishing and human contact. The first analysis covered dissolved oxygen, acidity, and nitrate (a nutrient that fuels algae growth). The second analysis covered specific conductance (a surrogate measure for salinity), *E. coli* bacteria, and turbidity (a measure of clarity). The third and final long-term analysis covered phosphorus (a nutrient associated with freshwater algae growth) and toxic heavy metals. Full reports are available at <https://www.lampreyriver.org/multi-media-water-quality-long-term-summary-reports>.

The most recent report contained good news. Overall, phosphorus concentrations have not changed significantly over the last 30 years despite a more developed landscape. Prior to 2000, some locations in Epping had phosphorus concentrations that far exceeded standards. Upgrades at the Epping Wastewater Treatment Facility in 2000 seem to have lowered subsequent phosphate levels, but this cannot be substantiated decisively. Averaged annual measurements of phosphate have been well below the standard since 2000.

Heavy metals have not been routinely tested along the Lamprey River, so statistical trends are difficult to discern, but overall, aluminum, copper, and zinc have all shown decreases since 2000. Prior to 2000, several sites along the main stem Lamprey River had high measurements. After 2000, only three or four sites where pollutant inputs were most likely were studied, but all showed very low concentrations of these three heavy metals. Other metals were occasionally sampled, but data were insufficient for a trend analysis. 2000 is a significant year for water quality in that the Candia Landfill was capped and the Epping Wastewater Facility was upgraded.

Of note, seasonal sampling results showed a potential trend of higher pollutant input in spring when sediments were more likely to be disturbed by high flows, especially near developed areas or legacy industrial sites. Additional study was recommended.

## **Lamprey River Wildlife Series**

The Lamprey River Advisory Committee is pleased to announce that it will be offering a six-part series this year to inform and engage public appreciation for some of the wildlife that makes the Lamprey River so special. All programs are free and open to participants from any town.

### **March 23, Anadromous Fish, Newmarket Public Library, 6:30-7:30 P.M.**



Every spring, the NH Fish and Game Department opens seven fish ladders at dams on coastal rivers, including two on the Lamprey River: Macallen Dam in Newmarket and Wiswall Falls in Durham. Fish ladders often provide the crucial link between the ocean and freshwater for anadromous fish to complete their life cycle. We will go over the history of fish ladders in New Hampshire, what species use them, and some fish behavior when using them. Presenter Kevin Sullivan is a marine biologist with the NH Fish and Game Department and has monitored the fish ladders for more than 16 years.

### **April 22, Beavers, Harvey Mitchell Memorial Library, Epping, 6:30-7:30 P.M.**



Beavers are the largest rodents in North America and they have a profound influence on the landscape. Participants will learn about beaver family life, why beavers are so important for a healthy ecosystem, and how beavers and people can co-exist. Presenter Matt Tarr is a wildlife biologist and Cooperative Extension professor. He also works with the NH Fish and Game Department to assist private landowners and communities to improve habitat for wildlife.

Details for presentations for May through August are still being developed. Stay tuned and let's get wild!



*Helping communities protect the  
Lamprey River.  
Submitted by Suzanne Petersen*



## Epping Garden Club



We are selling Pansy Bowls again as a fundraiser. One Bowl for \$15; two Bowls for \$25. Orders and checks (to Epping Garden Club) or cash can be left with Joyce at the Town Hall or can be mailed to Epping Garden Club, 9 Folsom Mill Lane, Epping, NH 03042. Orders will need to be in by **March 15<sup>th</sup>** for delivery to the Library parking lot around the March 26<sup>th</sup> or April 4<sup>th</sup>. We will need your name, address and phone number and we will let you know the date the grower gives us. Please call 300-0064 for more information or to find out when the Pansy Bowls will arrive in town.

Thanks for supporting us during these fundraisers so we can make the town's plantings pretty.

*Submitted by Eunice Miller*



## ETV Schedule

### Channel 22 – ETV – Schedule of live programs

Selectmen's Meeting – Monday, Mar. 9, 23;

Apr. 6, 20 - 7 pm

Water & Sewer – Tuesday, Apr. 7 - 7 pm

Library – Tuesday, Mar. 24; Apr. 21 - 7 pm

Conservation Commission – Tuesday, Mar. 17;

Apr. 14 - 7 pm

Parks & Recreation – Wednesday, Mar. 4; Apr. 1

- 7 pm

Budget Committee – Wednesday, Mar. 8 - 7 pm

School Board – Thursday, Mar. 5, 19; Apr. 2, 16

- 7 pm

Planning Board – Thursday, Mar. 12; Apr. 19 - 6 pm

Civil War Round Table – Friday, Mar. 20; Apr. 17

- 7:15 pm

Town Elections – March 10

### Monday meetings are rebroadcast:

Tuesday - 7 am

Wednesday - 11 am

Thursday - 3 pm

Monday - 2 am

### Tuesday meetings are rebroadcast:

Wednesday - 7 am

Thursday - 11 am

Monday - 3 pm

Tuesday - 2 am

### Wednesday meetings are rebroadcast:

Thursday - 7 am

Monday - 11 am

Tuesday - 3 pm

Wednesday - 2 am

### Thursday meetings are rebroadcast:

Monday - 7 am

Tuesday - 11 am

Wednesday - 3 pm

Thursday - 2 am

All dates and times are subject to change.

Please consult the ETV Bulletin Board, Channel 22 or the Town website for any changes or updates.

Please note the new website for ETV: [etv22.viebit.com](http://etv22.viebit.com). This is where you will find past meetings. You will also find live video streaming.

The ETV email remains the same: [eppingtv22@gmail.com](mailto:eppingtv22@gmail.com).



## Scouting Around Epping

### Cub Scout Pack 136

Pack 136 is looking for boys and families who are looking for adventures. Cub Scouting is for boys entering grades 1 to 5. Cub Scouting has ideals of spiritual and character growth, citizenship training and personal fitness. The Scout Oath is a pledge of duty to God and family. The Scout Law is a simple formula for good Cub Scouting and good citizenship. The Cub Scout motto, "Do Your Best," is a code of excellence. We believe in involving families and Cub Scouting provides opportunities for families to work and play together and have fun together.

If you would like information about joining Cub Scouts, please contact our **Cubmaster** at [cubmaster@pack136epping.org](mailto:cubmaster@pack136epping.org).

Join us on Facebook and keep track of the Pack <http://m.facebook.com/group.php?gid=199059685109&fbfbb=r6c4d2187&refid=46> or go to our website where you can find more Pack information at <http://www.pack136epping.org/calendar>.

## Boy Scout Troop 136

The Troop enjoyed a winter weekend campout at Hidden Valley on January 25<sup>th</sup> at their weekend kickback campout. This was an annual campout where the weekend is all about fun and their leaders cook for them as a special treat.



*Image of the Troop at their kickback campout*

The Troop helped support the Cub Scouts at their Blue and Gold banquet at the Epping Elementary School on February 15<sup>th</sup>. They help serve food, set up and clean up for the special event where the Webelos Scouts earned their Arrow of Light.

As winter continues on they will enjoy a campout at Pat's Peak **March 7<sup>th</sup> and 8<sup>th</sup>** along with other Scouts across NH. They will enjoy a day of skiing, snowboarding and tubing with a large group of Scouts. Other events to come in April will include a hiking weekend campout in Massachusetts, dates and location are TBD.

In Spring Scouting, adult volunteers will be at the Scout campout located in Epping to clean up the overgrown poison ivy and clear trails so the boys will have access to the Scout park for future events.

*Submitted by Jennifer Sullivan*



## Epping Fire Department

**Hello Speak Up Eppinites!**

Spring is fast approaching and I would like to share with you some spring safety tips. I also plan on discussing the new Cistern and Water supply ordinance as well as what the Fire Department can offer to the public. Yes we do house calls, besides emergencies! And issues with Air BNB homes. I also want to brief the public on the gasoline tanker incident.

## Spring Safety Tips

Spring is a great time to clean up any unwanted items around your home. It is also a great time to spruce up your outside property. Tossing away any clutter helps keep your home tidy and neat. We have had some calls where we can barely get around due to so much clutter. This is called Hoarding. It is a mental health condition and there's help for both. It also poses a risk to your visitors and firefighters as well. Plus it increases fire load which makes the fire increase in size.

Rivers and streams will be running fast, and the mud is going to be thick, so keep away from thin ice and raging little rivers. People can be swept away quickly. The mild winter has made some challenges for area firefighters because the ice melted a lot sooner than expected. The ice needs to be at least 6 to 8 inches before it is safe to walk on. Stay away from open water and culverts where the ice doesn't tend to freeze over. Do not drive over any flooded roads as the water can sweep away a car in seconds. The saying is, turn around don't drown!

Spring is also a great time to check your batteries in your smoke and CO detectors. Daylight savings time is coming on **March 8<sup>th</sup>** and that is the best time to check or replace them. Change your clocks, change your batteries. There are new detectors with a 10-year battery and warranty. Plus they all should be replaced every 10 years as recommended. If you are a landlord or property manager, you must have working smoke and CO detectors in all your places - that includes the hallways and apartments. Air BNB places must now have at least working smoke and CO detectors on each floor in order to be a safe place for whoever is staying over. It is also recommended that you have your heating appliances maintained and cleaned annually.

Recent fires in Claremont and Laconia have found places with faulty, malfunctioning or covered up detectors resulting in fines and other consequences for not having proper detectors. Newer apartment and condominium housing that is over two family dwellings must now have a fire alarm and sprinkler systems installed to keep tenants safe. Fires can grow rapidly and spread toxic fumes in the room and house. Smoke detectors save lives and it's a simple device that should never be tampered with. Call us and we'll help you replace any batteries or detectors that are defective. You can purchase the detectors at Lowe's, Home Depot, Walmart or any hardware



store. The American Red Cross also offers free detectors. Call 800-464-6692. The American Red Cross also offers "Shaker Alarms for the hearing impaired. Get a detector, it could save your life!

#### Cisterns and Water Supply

The Fire Department had a public meeting with the planning board back in January and the ordinance passed for cisterns and other means of water supply to housing developments. This ordinance was established because several housing developments were placed with no water supply to fight a fire in that area. The minimum is a 30,000 gallon cistern for 10 or so housing units and it goes up from there. Some areas have little to no water which would require us to call a lot of tanker trucks. Blake and Prescott Road is a big area of concern. Other towns were stricter on size and housing. Lee, Greenland, Nottingham, Newmarket all have systems installed going back 20 to 30 years. Some may be dry hydrants but it was something. The ordinance does state that other means can be reviewed and approved by the Fire Department such as a dry hydrant, sprinkler systems in housing, or if they are close to a public hydrant. There are also private water systems too.

#### Gasoline Tanker Incident

As many of you probably know, there was an accident on Route 101 East bound that occurred back in December. The tanker truck was hauling gasoline which we all know is very flammable. The trucking company did recover most of the gasoline, but unfortunately many gallons were spilled into the ground. Many other area departments assisted the Epping Fire Department. The Department of Environmental Services was called and on scene, Clean Harbors, State Police and the Fire Marshalls office also assisted us that night. The clean up is continuing and will be a long drawn out process for most of the year. The state environmental services will be monitoring the area for months if not years to come. You may have noticed the jersey barriers on the side of the road and crews removing dirt and trees. There has been a detailed fire truck from time to time when they were digging due to the flammability of the saturated ground. This incident was a very dangerous situation that could have been more catastrophic and deadly if things went bad. The Fire Department worked quickly to mitigate the situation and lives were at stake. The driver of the tractor-trailer was seriously injured and will have a long recovery. The other person in a smaller car was treated and released. Charges are

pending the investigation on the driver of the car. All emergency personnel who responded risked their lives and did an excellent job of mitigating this emergency.

#### Things the Fire Department offers

The Fire Department has a lot of members with other talents and part time professions. That's what makes us work so well. We offer blood pressure checks, smoke detector and home safety inspections, burn permits, car seat inspections that are done at the station, fire investigations, fire inspections, chimney and woodstove or fire place inspections, adult day care, day care and foster care inspections, place of assembly, restaurant and business inspections, CPR and first aid classes. We strive to make our community safe. So call us if you would like to set up anything that you need. I will talk about summer safety for the May-June newsletter. As Always, We are here for you 24 hours a day, 7 days a week!

Burn permits are required as the snow melts. You may come down to the station and obtain one. Please have a written permission letter from your landlord if you lease or rent. Permits must be obtained even when it's raining. Call the station if you have any questions at 679-5446.

Have a great and safe Spring.

Sincerely,

Lieutenant Paul St Cyr

Fire Prevention Officer and 9-11 Liaison.

### **Friends of the Epping Fire and Brick Museum**

Work will be continuing as the weather gets warmer. First the main floor will be finished and then we will be cleaning the basement to make room for the brickyard museum. We have been holding fundraisers and want to thank all that purchased shirts at the Primary election as well as the merchants that have donated. We have a long way to go as the glass doors for the main floor will cost approximately five thousand dollars. These doors will enable passersby to view the antiques when the museum is not open. We also need to update the electric and water service as well as do maintenance on the antique apparatus. On both floors we will need shelving and display cases.

If anyone has or knows of antique equipment or fire memorabilia, especially from Epping's Fire Department or Brickyard's past we would love the donations. They may be dropped at the Historical Society building on Water Street or the Epping Fire



Department 37 Pleasant Street. Please contact Cliff Cray-396-9436 or Joy True-793-6003.

We still have our T-shirt sale fundraiser. T-shirts cost \$18.00 for sizes small to xlarge, sizes XX or XXX will be \$20.00. Cash or check. If you would like one, please stop in at the Historical Society on Water Street - it is open on Monday mornings and by request.



If anyone would like to donate, checks may be made out to the Friends of the Epping Fire and Brick Museum. 37 Pleasant Street, Epping NH 03042.

*Submitted by Cliff Cray*

## Epping Explorer Posts

### Epping Fire Department Explorer Post 136

Not much this month. Our Explorer post learned CPR-AED at their regular meeting. It was taught by Captain Proulx. Now that they have completed the requirements necessary to ride on the apparatus, they may answer fire calls and assist at scene. The Post at this time has seven members and one, having reached the age of 18, is now a member of the Epping Fire Department. Congratulations Gabe!

Soon the Explorer Post members will be beginning fundraising activities. Donations to Post 136 are always welcome. They would like to purchase uniforms and keep personal protective equipment updated. At this time we need new uniforms and are using donated PPE. Youth age 14 to 20 are encouraged to learn what a career in the emergency service can be for their future. Our meetings are the 1<sup>st</sup> and 3<sup>rd</sup> Tuesdays from 6:30 to 8:00 pm. Come and check us out. For information call 679-5446 and leave a message. Either Lieutenant Labonte or Captain Cray will return your call.

## Epping NH Police Explorers

This is a hands-on program for youth ages 14-20. It is for those interested in a career in law enforcement or related fields in the criminal justice system. The program promotes growth through character development, respect for the rule of law, physical fitness, good citizenship and patriotism. Please join us in helping to support this local youth program as well as the Child and Youth Program of the SAL.

Youth 14 - 20 may join the Police Explorers by calling 679-5122.

## Rockingham County 4-H News

### Rockingham County 4-H Horse Practices

Every other Wednesday through March, 6:00-7:30 pm at the Rockingham Extension Office in Brentwood.

These sessions are open to all who want to learn more about equine science and horses. Prepare for the Horse Quiz Bowl, Hippology and Horse Judging, or just learn fun and interesting facts about horses.

If you are not able to attend in person, videoconference options are available. Contact Andrea Kenter for details.

## American Legion News

### Monthly Breakfast Buffets

Monthly second Sunday breakfasts are being held from 8:00 to 11:00 am. Come enjoy our hot Breakfast Buffets on **Sunday, March 8<sup>th</sup>** and **Sunday, April 12<sup>th</sup>** – eggs, bacon, sausage, toast, pancakes, home fries, and coffee are all piping hot and ready to be enjoyed. Bring your newspaper and your appetite!

The Buffet is \$8.00 for adults, \$5.00 for children 6 to 12 and children under six are free – worth every penny!

### Spring Fling Dance to Benefit “End 68 Hours of Hunger”

The American Legion Auxiliary of Post 51 in Epping is hosting a Spring Fling Dance on **Saturday, April 18<sup>th</sup>** from 7:00 pm to midnight. This dance is to raise awareness about childhood hunger in the community and to raise funds to support “End 68 Hours of Hunger.” The organization is a private, not-for-profit, effort to confront the approximately 68 hours of hunger that some school children experience on the weekends.

Through local chapters, the organization puts nourishing food in the hands of school children by providing bags of food for them to take home on the weekends. These bags provide the children with three dinners, two breakfasts and two lunches.

Please join us for a fun night and a great cause for the children in our community. Music and entertainment will be provided by "KowBoy Rick." Admission to the dance is \$8 per person or \$5 per person if you bring a food donation. Desired food items include: mayo, jelly, canned fruits and veggies, 18 oz. plastic container of peanut butter, saltines or graham crackers, canned beef stew or Beefaroni or Ravioli, 12-20 oz. canned soup, Hormel complete meals, mac and cheese, 4 pack fruit cups or pudding cups, granola bars/nutrition bars, instant flavored rice or noodles, instant flavored potatoes, tuna or chicken or pulled pork in 10 oz. or smaller cans, or instant oatmeal individual packets. All proceeds go to "End 68 Hours of Hunger."

The event will be held in the non-smoking Harry Bradshaw Memorial Hall of the American Legion on Route 125 in Epping (across from Telly's Restaurant). A cash bar will be open. For more information, please call Julie at 343-7816

### **Craft Fair at American Legion on April 18<sup>th</sup>**

The Sons of the American Legion Post 51 will be hosting their Inaugural Craft Fair in the Function Hall at the R.A. Mitchell Post, 232 Calef Highway, Epping, NH, (Route 125 across from Telly's Restaurant) on **Saturday, April 18<sup>th</sup>** from 9:00 am to 2:00 pm. With free admission and 20 crafters on hand, come view hand-crafted wood products, furniture, pottery, jewelry, textiles, yard items and smell the scents of products like candles and perfumes. Mingle about while having some delicious foods and snacks, available for purchase, and participate in our raffles. The event is sponsored by Sons of the American Legion Post 51

### **Epping Community Church**

You are welcome to come and worship with us at 9:30 every Sunday morning. If you come in the side entrance there is elevator access to the 2<sup>nd</sup> floor where our sanctuary is located. We do enjoy having children present during our service but if you're uncomfortable with that, the Hope nursery is also on the 2<sup>nd</sup> floor.

We will greet you before the service and also

invite you to a time of fellowship downstairs following the service. You can have a cup of coffee and some kind of baked goodie. It's a great time to meet new people or see old friends. We are located on the corner of Main and Pleasant Streets and our phone number is 679-5542.

Sunday School is at 11:00 am and is run by Dot Semprini and her helpers.

What's exciting? Friday Night Pizza is back! 5:00-6:30 pm every Friday! You can eat in or take out. Call the church at 679-5542 to order your favorite kind.

There is a Bible study and prayer group that Pastor Paul leads that meets every Thursday from 9:30-11:00 am and all are welcome to join either group.

Sunday, March 1<sup>st</sup> we will have a pancake breakfast at 10:30 am following our worship service...all are welcome!

Our 3<sup>rd</sup> Saturday dinner on **March 21<sup>st</sup>** from 5:00-6:30 pm will be Corned Beef and Cabbage! The cost is \$10.00 for adults and \$5.00 for kids. **April 18<sup>th</sup>** will be a Turkey dinner with all the fixings.

**April 4<sup>th</sup>** will be our annual food pantry benefit breakfast in memory of Linda Gauthier. It will be from 8-10 am. Admission is either a monetary donation or non-perishable food items.

The food pantry continues to be very busy. We are so fortunate to have wonderful volunteers that help us to serve clients each week. Other volunteers stock shelves on Thursdays so that we are prepared for Saturday morning. The pantry is open Saturdays from 8:00-10:00 am. If you have questions, you can call the church at 679-5542 and we'll return your call. If you'd like to volunteer...call the church...we'd love to have you...for one day or many!

We also offer coats, hats, mittens, gloves and other cold weather gear to our clients. Please note that we do not accept clothing due to limited space.

Our Soup of the Day Café is every Thursday from 11:00-12:30. We offer two homemade soups as well as salad, crackers, dessert and beverage. The café is a free lunch open to everyone in the community. Please come and join us!! Remember that if the Epping Schools are canceled, the Soup Café will be closed. We welcome you all to have some soup and visit with everyone.

Meals On Wheels is located in our facility Monday thru Friday. They have drivers that deliver to homebound people as well as lunch that is

served in our fellowship hall. If you know a senior that could benefit from this program call 679-1609 for more information.

## **St. Joseph Catholic Church**

208 Pleasant St. (Rte 27)

Epping, NH 03042

Office telephone: 679-8805

### **Mass schedule weekdays:**

**Mon.** 8:00 am **Tues, Thurs, Fri.** 7:30 am

**Wed.** 7:00 pm

**Third Wednesdays** – Healing Service – 7 pm

### **Mass schedule weekends:**

**Saturday** 4:00 pm

**Sunday** 8:00 am, 10:30 am and 6:00 pm

## **March**

**Mondays** – Adoration – 8 am to 9 pm

**Fridays** – 8 am to 7 pm

**Mar. 6<sup>th</sup>** – First Friday Adoration – 8:00 am-  
midnight

**Mar. 7<sup>th</sup>** – First Saturday Adoration –  
midnight to 7:45 am

**Feb.28<sup>th</sup> to Mar.27<sup>th</sup>**–Lenten Fish Dinners–5:30 pm

**Feb.28<sup>th</sup> to Mar.27<sup>th</sup>** – Stations of the Cross

## **April**

**Mondays** – Adoration – 8 am to 9:00 pm

**Fridays** – 8 am-7 pm

**Apr. 3<sup>rd</sup>** – First Friday Adoration – 8:00 am-  
Midnight

**Apr. 4<sup>th</sup>** – First Saturday Adoration –  
midnight to 7:45 am

**Apr. 3<sup>rd</sup>** – Live Stations – 6 pm, followed by Soup  
Supper

### **Easter Masses**

**Apr. 11<sup>th</sup>** – Easter Vigil – 7:30 pm

**Apr. 12<sup>th</sup>** –Easter – 8 am, 9:30 am, 11 am

If you have any questions, please call the Rectory  
Office at 679-8805 or check our website at  
<http://stjosepheppingnh.com> for further information

## **Epping Bible Church**

Epping Bible Church invites you to join them  
throughout the week at 243 Pleasant Street, Epping

Our Sunday mornings begin with a full, free  
breakfast from 8:00 to 9:15 am, followed by Bible  
Emphasis Groups (Sunday School) for all ages at  
9:15 am. The Gathering, a time for announcements  
and to share, is at 10:05 am followed by morning  
service at 10:45 am. Evening services are the last  
Sunday of the month and begin at 5:00 pm.

Families are welcome. The Bible Emphasis  
Groups feature classes for all ages, from 2 year  
olds all the way to adults.

A free nursery for children – infants through four  
years – is provided during the morning services.  
Children ages four through third grade are invited to  
Junior Church during the morning service after  
praise and worship time.

The Awana program for children age 3 through  
sixth grade began again last September. The  
weekly Friday night meetings help children learn  
about God's Word. For details, please contact Dora  
Brown at 702-2650 or at [awana@eppingbible.org](mailto:awana@eppingbible.org).

Epping Bible Church is located at 243 Pleasant  
Street. If you have any questions, please contact  
Pastor Ron Townsend at 247-0405 or at  
[PastorRon@EppingBible.org](mailto:PastorRon@EppingBible.org). Visit their website at  
[www.eppingbible.org](http://www.eppingbible.org).

## **Providence Baptist Church**

410 Pleasant Street, Epping, NH 03042

Phone: 679-8918

### **Weekly Schedule**

Sunday Morning Service at 10:30 am.

Wednesday Food Pantry begins at 10:00 am  
(for first time visitors, please have your photo ID  
and proof of residency with you).

Wednesday Time of Devotion and Prayer begins  
at 6:30 pm.

(Check schedule for dinner nights!)

For small groups and other events, please  
check out our website at [www.pbcnh.org](http://www.pbcnh.org) or contact  
us at [pbsecretary410@gmail.com](mailto:pbsecretary410@gmail.com).

## **West Epping Quaker Meeting House**

The West Epping Meeting grew out of the  
Seabrook Quarterly Meeting in the middle of the  
18<sup>th</sup> century. Records show that Joshua Folsom  
was a recorded minister among Friends in the  
community in 1772 – though he may have  
commenced his activities even earlier. The present  
Meeting House was built in 1851. The surrounding  
tall pines, dating from this period, have been a  
distinguishing feature of West Epping Village.

West Epping Friends meet for silent worship at  
10 am every first and third Sunday of the  
month. We welcome visitors to our meetings to join  
with us.





## Harvey-Mitchell Memorial Library

Epping's Public Library

151 Main Street

734-4587 (Adult Dept.)

679-5944 (Youth Dept.)

679-5884 (Fax)

[harvmitch@gmail.com](mailto:harvmitch@gmail.com)

[www.eppinglibrary.com](http://www.eppinglibrary.com)

Youth Dept. e-mail: [hmmlyouth@gmail.com](mailto:hmmlyouth@gmail.com)

Youth Dept. Facebook page:

<http://www.facebook.com/eppinglibrary>

**Hours: Monday, Friday – 10 - 5**

**Tuesday, Wednesday, Thursday – 10 - 8**

**Saturday – 10 - 2**

**Sundays – 12 - 4**

### Museum Passes Available at Your Library

Your library has more to offer than just books and movies! You can get free or reduced admission to local museums including the Museum of Fine Arts in Boston, the New England Aquarium, Strawberry Banke in Portsmouth, Children's Museum in Dover, Seacoast Science Center in Rye, the Currier Museum of Art and the McAuliffe-Shepard Discovery Center.

Call ahead or come in to the library to get a pass for your next museum visit.

### Upcoming Events at the Library.

#### Weekly Story Time – Tuesday and Friday mornings at 11:15 am

Story Time provides an opportunity for children to explore the library, make new friends, listen to stories and try their hand at a variety of craft projects. Recommended for pre-school age and younger, but older children are welcome. Join us for a new story and craft each week!

### Ongoing Series: – Chair Yoga

Gentle yoga postures are explored in different variations while sitting, standing and balancing during this free one hour class! Connect your mind, body and breath with the support of a chair. Adults of all ages are welcome, with or without previous yoga experience. Just arrive in comfortable clothes. Class taught by 200-hour Kripalu Yoga Instructor, Leah Pacione. March dates are Mondays at 10:15 am, **March 2, March 9, March 16, March 30.**

### Ongoing Series: – Children's Yoga

Bring the kids in for a morning yoga session! The class will be geared toward children preschool-age and younger, and parents are welcome to join in (though not required to). Just show up in comfortable clothes, ready to stretch and have fun! Taught by 200-hour Kripalu Yoga Instructor, Leah Pacione. March dates are Fridays at 10:30 am, **March 6 and March 13.**

### Mar. 4: Friends of the Library – 7 pm

The Friends of the Library is a nonprofit organization dedicated to fostering close relationships between the Harvey-Mitchell Memorial Library and the Epping community through fundraising, supportive activities, and raising awareness of library resources. The Friends meet the 1<sup>st</sup> Wednesday of the month and are happy to welcome new members!

### Mar. 10: How to Make the Perfect Cup of Tea – 6:30 pm

Tea blender and connoisseur Paige Zaferiou returns to New Hampshire to share with us her expertise on how to make the perfect cup of tea! Paige's presentation will include: a brief history of the uniquely American aspects of the tea tradition and innovation; the history of the tea party; how to make easy cold-brew iced tea out of any tea or herb in your fridge overnight; the secrets of green tea and how to make it taste good; the health benefits of common tea types (black, oolong, green and herbal)-including the unexpected uses of tea for sore eyes and sunburn; the truth about white tea –dispelling the common myths and misconceptions. Join us for a "cuppa!"

### Mar. 11: Great Gardens: Estimating and Ordering – 6:30 pm

Join us for the fifth in a six-part series about garden design, this month focusing on estimating and ordering. During this series of talks, we will be using the landscape at the newly expanded library as our working example. The hope is that the design that you see develop in these talks will be implemented in the spring! Content will focus on techniques to promote healthy landscape ecology and designs that leverage perennials, native and edible plants.



**Mar. 14: Paws to Read – 10:30 am-12:30 pm**

Leon returns to the library for a Paws to Read program! Children of all ages are invited to spend 20-minute sessions reading out loud to Leon, the black Lab therapy dog that doesn't judge, in order to build confidence and have fun reading.

**Mar. 14: Irish Harp Concert with Regina Delaney – 3 pm**

Celebrate St. Patrick's Day early by taking a musical trip to Ireland with harpist Regina Delaney. She will be performing the traditional music of Ireland on her harp and also with dance and poetry. There will be lovely ballads, plaintive songs and toe-tapping jigs and reels. Delaney studied Irish harp in the United States and in Ireland and is the founder and director of the New England Irish Harp Orchestra.

**Mar. 17: Dusty Olde Mystery Book Group – 7 pm****Mar. 24: Contemporary Book Group – 7 pm****Mar. 28: Kids' Easter Floral Project – 1:30 pm**  
(sign-up required)

Create a floral arrangement for Easter with a professional designer from Floral Expressions Boutique. For children age 10+ (with adult supervision). Children will be able to take home their creations. Space is limited, so sign up is required: call or email the library to reserve a place.

**Apr. 1: Friends of the Library – 7 pm**

The Friends of the Library is a nonprofit organization dedicated to fostering close relationships between the Harvey-Mitchell Memorial library and the Epping community through fundraising, supportive activities, and raising awareness of library resources. The Friends meet the 1<sup>st</sup> Wednesday of the month and are happy to welcome new members!

**Apr. 4: Vintage Music & Guitars: Hollywood Song Souvenirs with Ken Lelen– 3 pm**

Dr. José Lezcano presents a variety of musical styles that illustrate the history of the guitar in Spain and Latin America, including: songs with the exciting strummed rhythms of popular 17<sup>th</sup> century dances; transcriptions of Baroque keyboard sonatas; nationalist Spanish works composed for the legendary Spanish guitarist Andrés Segovia; music of the Argentine Gauchos; the Venezuelan

parlor waltz; Cuban popular dances like the Cha-cha-cha and Bolero and the Avant-garde and Neo-romantic expressions. Described by Fanfare Magazine as "an excellent guitarist as well as an imaginative composer," Cuban-born musician Dr. José Manuel Lezcano is Professor of Music at Keene State College. He is a twice Grammy-nominated composer and guitarist whose programs of Latin American music, his own original compositions and classical repertory have taken him from Carnegie Recital Hall to important festivals and venues across the Americas and Europe.

**Apr. 7: Classic Book Group – 7 pm****Apr. 8: Great Gardens: Planting and Installation Techniques – 6:30 pm**

Cittern player and vocalist Carol Coronis is known in the Seacoast area for her high-energy performances of music from Appalachian/Roots to Rock, to the Celtic countries and to Greece and the Middle East with an edgy kick, to the old-world music of Anatolia and the Aegean. Coronis pushes the boundaries of traditional music by delivering uniquely arranged renditions of music of the old and new worlds. Her command of the cittern, a 10-stringed Irish derivative of the Greek bouzouki best described as a mandolin on steroids, and her soulfully compelling vocals, deliver music with a heart-pounding pulse.

**Apr. 11: Paws to Read – 10:30 am-12:30 pm**

Leon returns to the library for a Paws to Read program! Children of all ages are invited to spend 20-minute sessions reading out loud to Leon, the black Lab therapy dog that doesn't judge, in order to build confidence and have fun reading.

**Apr. 14: Path to Free College – 6:30 pm**

There are lots of new, less expensive options when it comes to college, even free freshman year! The library will host a talk with professional tutor and former teacher Kathy Stoughton to discuss some practical options for higher education. More details to come.

**Apr. 21: Dusty Olde Mystery Book Group – 7 pm****Apr. 22: Beaver presentation – 6:30 pm**

Wildlife Presentation – more details to come.

**Apr. 28: Gardens of the Sea – 11:00 am**

Marine Science Educator Suzanne Petersen presents a family program about unsung heroes of the oceans: marine plants and plant communities. Learn about these wonders of the seashore and see interesting examples of seaweed and other marine plants that Suzanne will bring. Enrich your next visit to the beach with fun facts about the interesting plants that live there!

**Apr. 28: Contemporary Book Group – 7 pm****Apr. 30: The Wonderful World of Bats – 11:00 am**

This program brings students into the exotic world of bats and introduces them to echolocation. What is it? Why do bats echolocate? Why can't we hear them? Are bats blind? We'll answer these questions and more. Audiences will learn how vital bats are for maintaining a healthy environment (did you know that a Little Brown Bat eats up to 1000 mosquitoes in one night) Via interactive dialogue and slides, children move beyond old stereotypes, to an understanding of the importance of bats for farmers, fruit growers, the rain forest and us. See vivid photos of tropical fruit bats, the vampire bat and some of our local bats. We will learn about bats in our attics, vampire bats, bat eyesight, echolocation, migration and hibernation. Eyes light up at such phenomenal creatures as Townsend's Big Eared Bat and the Pallid Bat. We will also listen to bat echolocation calls that are slowed down through a bat detector. Children will create bat T-shirts; bring your own blank T-shirt or shirts will be available for \$4.00.

**Friends of the Library**

The Friends of the Library have changed the day of their monthly meeting to the first Wednesday of the month, still at 7 pm.

Our officers for 2020 are: Karen Merriam, Chair; Pat VanWagoner, Vice Chair; Eunice Miller, Secretary; Shelly Craig, Treasurer; and Steve Hogan, Member-at-Large.

Our Brew Fest Committee is already meeting and looking ahead to what we hope will be another successful event: the 2<sup>nd</sup> Annual "Center of the Universe Brew Fest" to be held on August 15<sup>th</sup> at New England Dragway. This is our biggest fundraiser for the Library.

In addition to fundraising, the Friends also provide whatever support the Library needs in making educational and cultural opportunities available for people of all ages in the community.

The Friends always welcome anyone who would like to join us.

*Submitted by Pat VanWagoner*

**Epping Parks & Recreation**

*Home of the "River Otters"*

Director: Nicole Bizzaro

Recreation Dept. Main Phone Number: 679-3006

or email at [eppingrecreation@gmail.com](mailto:eppingrecreation@gmail.com).

Address:

17 Academy Street

Epping, NH 03042

Mailing address:

157 Main Street

Epping, NH 03042

Join us on Facebook and follow us on Twitter.

If you need to reach the Department, please contact Nicole, Recreation Director via email at [eppingrecreation@gmail.com](mailto:eppingrecreation@gmail.com) or call Watson Academy: 679-3006 or Program Cellphones: 608-9016 or 608-9076.

For more information and to register, please contact the Recreation Department via e-mail at [eppingrecreation@gmail.com](mailto:eppingrecreation@gmail.com) or visit our website at [www.EppingRecreation.org](http://www.EppingRecreation.org).

Please check out our website and our Facebook page for announcements and program updates.

The Rec Dept. provides before and after school programming for kids in grades K- 5 including no-school days, vacation weeks and summer camp programs.

We also provide Pre-school programs, a senior citizens club and host various community events throughout the year!

**Sports Programs**

If you are looking for beginning and advanced team sports-related programs for children ages 5+, please visit the Epping Youth Athletic Association (EYAA) website at [www.eyaa.org](http://www.eyaa.org) for sports programs offered in Epping.

**Youth Programs****Father Daughter Dance**

The Epping Recreation Department presents the Fourth Annual Father Daughter Dance. It will be

held on **Saturday, March 28<sup>th</sup>** from 6:00 to 8:00 pm in the EES Gym.

The tickets are \$15 per couple \$20 per family

### **Epping Community Theater Programs!**

Check out <http://www.eppingtheater.org> for more information!

### **Summer Camp Registration comes out on Town Voting Day Tuesday March 10th 2020!**

#### **EYAA & Epping Parks & Rec. Joint Program:**

Quicksticks Skills Session: Coed, Ages 4-8 Years

Saturdays, May 9<sup>th</sup> to May 30<sup>th</sup> 8:30-9 am

Lightning Skills Session- Girls: Ages 3<sup>rd</sup>-8<sup>th</sup> Grade 9-10 am

Lightning Skills Session – Boys: Ages 3<sup>rd</sup>-8<sup>th</sup> Grade 10-11 am

Held at town tennis courts behind Preschool

Registration Fee is \$20 per participant, due with Registration! Please Return Registration Form by **Friday, May 8<sup>th</sup>**. Mail to: 157 Main Street, drop off at Town Hall or Rec Before & After School Programs.

You will receive confirmation that your registration form has been received and your spot is reserved!

#### **Youth Lacrosse Skills Clinic Program Description:**

Quicksticks:

Our Quicksticks program is designed for our youngest competitors. The program caters to our U6 players and requires our youngest athletes to be 4 years of age. The program is coed. The emphasis here is on skills in a fun and engaging environment. Our staff will work to develop catching and throwing skills while promoting overall comfort with the stick and equipment.

Lightning:

Our Lightning program is designed for a broad range of players whether you are brand new to the sport or have a few year's experience. The focus remains on laying a good foundation of fundamental stick skills and small-sided game strategy in a fun and competitive environment.

#### **Before & After School Programs**

We provide a safe, nurturing place for children to attend quality programming beyond the schools' hours of operation. We strive to help youth reach their full potential by allowing them to explore their

physical, social and intellectual interests in a safe and fun setting. The culture of our programs emphasizes quality relationships and a healthy respect for individuality. We provide enough structure to keep everyone safe, but we also offer an open atmosphere that allows children to explore their interests in groups or on their own.

The Before School Program operates on normal school days at the Epping Elementary School gym in the mornings for youth in grades K-5. The program opens at 6:45 am and runs until students leave for their classrooms at 8:20 am! Kindergarteners are escorted by staff. At the program the youth are able to finish homework, work on arts and crafts projects and play games in the gym. The youth are able to eat breakfast with the school breakfast program.

The After School Program starts at the EES Library to gather, then they head outside to the EES playgrounds during good weather days or walk down to Watson Academy for snack 3:15-4:15 pm, during cold or bad weather days. The program then runs organized games and activities from 4:15 to 5:45 pm at Watson Academy and on scheduled days, uses the gym for PE related programming. The program operates from school dismissal until 5:45 pm. Children are grouped by grades.

If your child would like to participate in the school offered programs after school or extra work with a teacher, we do have staff available to pick up the kids at the designated school dismissal areas at the close of these programs. We ask that parents notify us, if their child will be attending one of the school programs and if they will be picking them up from these programs so we can coordinate the pick up schedule daily.

We offer No School Day, Parent/Teacher Workshop and Vacation Week full day programs, which will have their own registration forms! Please check one month in advance of any No School Days on the school calendar or call us at 679-3006, if you have questions. We will not be offering programs during the Thanksgiving and Winter Break School Closings, to allow our staff time with their families during the holidays, as well as traditionally low enrollment in past years during those times. Our Before and After School Programs run on the last day of school, but are then closed until the start of our scheduled Summer Camp programming.

## **Martial Arts Programs at Epping Recreation and Elementary School (offered by Epping ATA)**

### **Karate Classes**

Mondays and Thursdays (MS Cafe) 3:10 – 4:15 pm, \$65 per month

For more information or to sign up your child, please contact Mrs. DeNapoli at 661-6635 or email her at [diannadenapoli84@gmail.com](mailto:diannadenapoli84@gmail.com)

\*\*\*ALL beginners receive a FREE Uniform.\*\*\*

### **Youth Ceramics Class**

Day: Thursdays at Watson Academy

Time: 4:30-5:30 pm

Cost: \$20 per 3-week session

### **Adult Programs**

Please check our Facebook page for updates, including cancellations on all programs.

### **Barre Necessity Classes**

Looking for a new work out? Come to Barre Necessity classes held at Watson Academy and taught by instructor Linda Richards. The class is held twice a week Mondays and Thursdays from 7:00-8:00 pm.

Classes will run 6 weeks and the cost is \$60!

### **Adult Ceramics Class**

Day: Thursdays

Time: 9-11 am

Cost: \$2 for ceramic piece

Location: Watson Academy

## **The Porch**

Our goal is to demonstrate the unconditional love of God to our community by building relationships, meeting physical and financial needs, and sharing the Gospel of Jesus that transforms lives.

Epping Lighthouse will benefit the community in numerous ways, including:

Running a youth center for teenagers

Running a children's after-school program

Giving financially to families who are in need

Providing free family counseling

Organizing various programs for teenagers to service others

### **Kids Club**

Our kids club is for kids in grades 1-5.

We will provide free pick up from EES, and

provide snacks and drinks at no charge.

We have a structured time of singing, Bible Time and Game Time.

The club starts at 3:15 and goes until 5:00 pm.

### **Teen Central**

Our Teen Central is geared for grades 6-12.

We offer pool, ping-pong, air hockey, and foosball.

We also have computers, a TV, board games and provide snacks and drinks at no charge.

Teen Central opens at 2:30 and goes until 4:30.

We provide classes and other events throughout the year as well.

We require all of our workers to complete a background check.

If you are interested, please check us out at [www.eppinglighthouse.org](http://www.eppinglighthouse.org) or you can e-mail us at [eppinglighthouse@hotmail.com](mailto:eppinglighthouse@hotmail.com) to request a form.

# **Families First**

*support for families...health care for all*

**Epping Family Morning Out:** Meets most Friday mornings during the school year - 9:30-11:00 am.

For children ages birth to six with parents or other caregivers. Children will explore age-appropriate crafts and other activities, have positive play with peers and adults and enjoy songs, stories, snack and first friendships. With Patricia Keck. This group meets at the SAU 14 Building, 213 Main Street, Epping. Cost: It's free! See you there! Advance sign-up not needed.

For information call 603-422-8209.

**Exeter Family Morning Out** Thursday mornings -

9:30-11:00. For children ages birth to six, with parents or other caregivers. Children will explore age-appropriate crafts and other activities, have positive play with peers and adults, and enjoy songs, stories and snack. Facilitator: Patricia Keck. Held at Exeter Parks and Recreation (32 Court Street, Exeter). Cost: Free. Advance sign-up not needed.

For information call 603-422-8209.

For other programs, please see our event calendar.

All parents and children are welcome at our Parenting Classes, Parent-Child Groups and Parent Groups. **Advance registration is needed for most programs and is always needed for**



**child care**; please go to [FamiliesFirstSeacoast.org](http://FamiliesFirstSeacoast.org) and click on the Register for Family Programs button, or call 422-8208 x2.

### Relative Recharge – Epping

Are you a grandparent or other relative who is raising children? If so, you are not alone. Some 13,000 grandparents in NH are raising grandchildren, and many feel they have no one to turn to for day-to-day support or helpful information. This monthly group provides a friendly, informal opportunity for relative caregivers and grandparents to connect and support one another and to learn more about available resources. Bring your successes, challenges, questions and ideas to share with the group! This group is open to all relative caregivers and grandparents. Snacks and beverages are provided and free child care is available with advance sign-up. Please call Patrice if you want to learn more about this group. (603) 422-8209

Please check out [Grandfamily Resource Guide](#) for helpful information and resources.

**Date:** Wednesday, March 18<sup>th</sup>

**Time:** 9:30 am - 11:00 am

**Venue:** Epping SAU Building  
213 Main Street, Epping

### Epping Students in the News

Congratulations to the following students:  
Graduated from the University of New Haven with a Master of Science in Environmental Science from the College of Arts and Sciences – December 2019

**Jaymieanne Frederick**

University of New England announces Dean's List for 2019 Fall semester

**Emily Colban**

**Stephanie DiFrancesco**

**Noelle Nee**

**Casey Needham**

North Shore Community College announces Dean's List for 2019 Fall semester

**Lance Janvrin**

Colby-Sawyer College recognized for outstanding academic achievement during 2019 Fall semester

**Rylee Chevalier**

SUNY Canton recognized for earning part-time Honors during the Fall 2019 semester in the Emergency Management Program

**Jacklyn A. Ulban**

The Derryfield School announces the Honor Roll for Fall 2019

Highest Honors:

**Julia Hardy**

**Andrew LeBlanc**

**Emmet Pim**



### School Board Meeting Schedule

The Epping School Board holds regular meetings at 7:00 pm in the Epping Town Hall. The public is invited to attend. Meetings are also televised by ETV. Agendas and minutes are posted on the district website at [www.sau14.org](http://www.sau14.org) under School Board/Agenda & Minutes. ETV is also streaming meetings that you can watch live on your computer at: [etv22.viebit.com](http://etv22.viebit.com).

**March 5<sup>th</sup> and 19<sup>th</sup>**

**April 2<sup>nd</sup> and 16<sup>th</sup>**

### Epping Elementary School (EES)

#### EES School Calendar

##### **MARCH**

**Mar. 2** – Classes resume

**Mar. 2** – PTO meeting 7:00 pm in the EES Art Room. Free babysitting in the Library

**Mar. 10** – **NO SCHOOL Professional Development Day**

**Mar. 11-13** – Lamprey Health Care's School-based dental care

**Mar. 13** – Lions Club Vision Screenings

**Mar. 16** – Snow date - Lamprey dental visit

**Mar. 24** – Music in our Schools Concert – 4<sup>th</sup> & 5<sup>th</sup> grade band & chorus in HS gym – 6:30 pm

##### **APRIL**

**Apr. 4** – PTO Pancake Breakfast & Easter Bunny pictures – 8:30-10:30 am

**Apr. 4** – Epping Rec FREE Easter Egg Hunt on EES Field – 10:00-11:30 am

**Apr. 6** – PTO meeting 7:00 pm in the EES Art Room. Free babysitting in the Library.

**Apr. 6** – Kindergarten Registration/Information Night – 5:30-7:00 pm

**Apr. 14, 15** – Eagle Variety Show in EES gym – 6:00-8:00 pm

**Apr. 27-May 1** – **NO SCHOOL – Spring Vacation**

## Epping High School (EHS)

### EHS School Calendar

**March 13:** Game Night, 6 pm - overnight, until 6am on 3/14/2020, Epping High School

**March 14:** Scholastic Championship Chess Tournament, Cafe & MS Gym – 9 am-6 pm

**March 18:** HS Winter Sports Banquet in Café – 6:30-8:00pm

**March 24:** Music In Our Schools Month Concert in HS gym - 6:30 - 8:30 pm

**March 25:** **Make-up date** for Music In Our Schools Month Concert in HS gym - 6:30 - 8:30 pm

**March 27:** Spring Play, in HS gym - 6:30 - 8:30 pm

**March 28:** Spring Play, MS Gym - 2:00 pm,

**April 27 - May 1:** Spring Break

### First Semester Honor Roll 2019-2020

Epping High School announces its honor roll for the first semester 2019-20 school year.

Congratulations to the following students:

#### 9<sup>th</sup> Grade:

##### Principal's list:

Brooke Bacon, Kaelin Beattie, Ta'lisa Burnett, Kaitlyn Chapman, Jared DeCourcy, Nathan McTague, Mackenzie Milbury, Sophia Morang, Olivia Sousa and Christopher Sullivan.

#### 9<sup>th</sup> Grade:

##### Honors:

Aiden Dyer, Samuel Gosselin, Leah Hackett, Daniel Johnson, Emma LaChapelle, Miriam Peck, Brady Powicki, Carly Sanborn and Luke Snyder.

#### 10<sup>th</sup> Grade:

##### Principal's list:

Sarah Brassil, Melissa Daigle, Trey Finkelstein, Jade Gagnon, Alexander Greubel, Emily Kelly, Skylar Kline, Patrick McTague, Jacob Oumansour, Mikhail Ozols, Michael Picard III, Abigail Purchas, Haley Williamson and Morgan Witmer.

#### 10<sup>th</sup> Grade:

##### Honors:

Zachary Hodgman and Jacob Loving.

#### 11<sup>th</sup> Grade:

##### Principal's list:

Joshua Coolidge, Nicholas Greubel, Alexa Guarante, Scott Johnson, Erika MacLeod, Peter

McTague, Taya Morgado, Jenna Needham, Luke Rossel, Abigail Roy and Abigail Walsh.

#### 11<sup>th</sup> Grade:

##### Honors:

Madison Lambert, Mackenzie McAniff, Jack Meyer, Benjamin Milbury, Simeon Mills, Meaghan Murphy, Amara Stevens, Haleigh Sullivan, Brynn Sweetsir, Cassidy Wall and Megan Webber.

#### 12<sup>th</sup> Grade:

##### Principal's list:

Mikayla Berger, Calle Bisailon, Laura Duguie, Samantha Johnson, Emily Kline, Oakley Lustenberger, Hayley Pelletier, Victor Waddell, Faith Williamson and Joey Zheng.

#### 12<sup>th</sup> Grade:

##### Honors:

Luke Barker, Noah Bilodeau, Lyndsey Chevalier, Joseph Furey, Molly Gallagher, Keyghan Lewis, Trey Loving, Karissa Martin, Kayla Orthman, Isabella Snyder, Sharon Swanson and Jacob VanAmburgh.

## Email Address Changed?

If your email address has changed, please notify Barbara Helmstetter at: [bhelmstetter@comcast.net](mailto:bhelmstetter@comcast.net).

## Newsletter Schedule

Have we missed your group or event? Please let us know. Our purpose is to include as many Epping groups and events as possible.

The next issue (**May-June 2020**) of this newsletter will be available **on May 1, 2020**. We will accept **submissions through April 25, 2020**, to be included in the next issue. Please send your content with contact information for consideration to [bhelmstetter@comcast.net](mailto:bhelmstetter@comcast.net).

If you would like your next event to appear on the Calendar of Events, please send us an email at [bhelmstetter@comcast.net](mailto:bhelmstetter@comcast.net) by **April 25, 2020**. Please include date, event name, location and time.

Thanks for reading!

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## Epping Calendar of Events for March 2020

March 1	Epping Community Church Pancake Breakfast – 10:30 am All are welcome!
March 2	EES PTO Meeting – 7 pm
March 4	Friends of the Library – 7 pm
March 4	Providence Baptist Church Food Pantry – 10 am
March 5	Epping School Board meeting in Epping Town Hall – 7 pm
March 7	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
March 7, 8	Boy Scout Campout at Pat's Peak
<b>March 8</b>	<b>DAYLIGHT SAVINGS TIME RETURNS – SET CLOCKS AHEAD!!</b>
March 8	American Legion Post 51 Sunday Breakfast Buffet – 8-11 am
<b>March 10</b>	<b>NO SCHOOL – Professional Development Day</b>
<b>March 10</b>	<b>TOWN ELECTIONS –in EMS Gym – 8 am-7 pm</b>
March 10	How to Make the Perfect Cup of Tea at the Library – 6:30 pm
March 11	Providence Baptist Church Food Pantry – 10 am
March 11	Great Gardens – “Estimating and Ordering” – 6:30 pm
March 11-13	Lamprey Health Care's Dental Program (Snow date: March 16)
March 12	Epping Watson Academy Seniors - Auction – 1 pm
March 12	Grange meeting at Sandy Dennis' home – 7:30 pm
March 13	Lions Club Vision Screenings at Epping Elementary School
March 13	Civil War Roundtable of NH meeting in Town Hall – 7:15 pm
March 13	EHS Game Night – 6 pm and overnight until 6 am on March 14
March 14	Scholastic Championship Chess Tournament, Café and MS gym – 9 am -6 pm
March 14	Paws to Read at the Library – 10:30 am-12:30 pm
March 14	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
March 14	Foggy Dew Band at the Epping Community Theater – 2 pm
March 14	Irish Harp Concert with Regina at the Library – 3 pm
March 15	Deadline to order Epping Garden Club Pansy Bowls
March 17	Dusty Olde Mystery Book Club – 7 pm
March 18	Providence Baptist Church Food Pantry – 10 am
March 18	Relative Recharge at SAU Building 213 Main Street – 9:30-11:00 am
March 18	EHS Winter Sports Banquet in Café – 6:30-8:00 pm
March 19	Epping School Board meeting in Epping Town Hall – 7 pm
March 19	Historical Society program “Westward Hope” with Kathy Bailey – 7 pm
March 21	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
March 21	Epping Community Church Dinner “Corned Beef and Cabbage” – 5:00-6:30 pm
March 23	Anadromous Fish Program at Newmarket Public Library – 6:30-7:30 pm
March 24	Epping Lions Club meeting – 6:30 pm
March 24	Library Board of Trustees – 7 pm
March 24	EES Music in our Schools Concert 4 <sup>th</sup> , 5 <sup>th</sup> Grade Band & Chorus -HS gym – 6:30 pm
March 24	EHS Music in our Schools Concert in HS gym – 6:30-8:30 pm (Make-up date 3/25)
March 24	Contemporary Book Group – 7 pm
March 25	Providence Baptist Church Food Pantry – 10 am
March 27, 28	Spring Play in HS gym – 27 <sup>th</sup> – 6:30-8:30 pm; 28 <sup>th</sup> – 2:00 pm
March 28	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
March 28	Father Daughter Dance in EES Gym – 6-8 pm
March 28	Kids' Easter Floral Project at the Library – 1:30 pm



## Epping Calendar of Events for April 2020

Date	Event
April 1	Friends of the Library – 7 pm
April 1	Providence Baptist Church Food Pantry – 10 am
April 2	Epping School Board meeting in Epping Town Hall – 7 pm
April 4	PTO Pancake Breakfast and Pictures with the Easter Bunny – 8:30-10:30 am
April 4	Epping Recreation FREE Easter Egg Hunt on EES Field – 10:00-11:30 m
April 4	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
April 4	Epping Community Church Breakfast in memory of Linda Gauthier – 8-10 am
April 4	Vintage Music and Guitars with Ken Lelen at the Library – 3 pm
April 4	Friends of the Library – 7 pm
April 6	EES PTO Meeting – 7 pm
April 6	Kindergarten Registration/Information Night – 5:30-7:00 pm
April 7	Classic Book Group – 7 pm
April 8	Great Gardens – “Planting and Installation Techniques” – 6:30 pm
April 8	Providence Baptist Church Food Pantry – 10 am
April 9	Epping Watson Academy Seniors – 1 pm
April 9	Grange meeting at Grange Hall – 7:30 pm
April 11	Paws to Read at the Library – 10:30 am-12:30 pm
April 11	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
April 12	American Legion Post 51 Sunday breakfast – 8-11 am
April 14	Path to Free College at the Library – 6:30 pm
April 14,15	Epping Eagle Variety Show in EES gym – 6-8 pm
April 15	Providence Baptist Church Food Pantry – 10 am
April 16	Epping School Board meeting in Epping Town Hall – 7 pm
April 17	Civil War Roundtable of NH meeting in Town Hall – 7:15 pm
April 17-26	“Anne of Green Gables” at Epping Community Theater
April 18	Sons of the American Legion Craft Fair at the Post – 9 am-2 pm
April 18	American Legion Auxiliary Spring Fling Dance – 7 pm-midnight
April 18	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
April 18	Epping Community Church Dinner “Roast Turkey Dinner” – 5:00-6:30 pm
April 21	Library Board of Trustees Meeting – 7 pm
April 21	Dusty Olde Mystery Book Club – 7 pm
April 22	Providence Baptist Church Food Pantry – 10 am
April 22	Beaver presentation at the Library – 6:30-7:30 pm
April 25	Epping Community Church Food Pantry and Coats of Caring – 8-10 am
<b>April 25</b>	<b>DEADLINE DATE for the May-June issue of the Newsletter</b>
April 25	Lamprey River Canoe and Kayak Race Registration – 8 am; Race – 9 am
<b>April 27 – May 1</b>	<b>NO SCHOOL – SPRING VACATION</b>
April 28	Epping Lions Club meeting – 6:30 pm
April 28	Contemporary Book Group – 7 pm
April 29	Providence Baptist Church Food Pantry – 10 am
April 30	Wonderful World of Bats at the Library – 11 am

If you would like your next event to appear on the Calendar of Events, please send an email to [bhelmstetter@comcast.net](mailto:bhelmstetter@comcast.net) by **April 25, 2019**. Please include the date, event name, location and time.